



SENERGY360

Work Experience

Brian Johnson

General Contractor | Certified Building Biologist | Certified Health Coach

Contact Information:

- Phone: 951-634-3588
- Email: Brian@senergy360.com
- LinkedIn: [@SENERGY360](#)
- Website: senergy360.com

Professional Summary:

I am a pioneering General Contractor and the only professional in the country with a triple certification from the Building Biology Institute. Starting my career in 2003 in the lumber industry, my early experiences with lumber quality and mold susceptibility sparked my passion for healthy home construction. Combined with certifications as a performance health coach and competing as an elite athlete, today I lead SENERGY360, dedicated to creating sustainable and health-optimized living environments using innovative mass wall construction techniques.

Professional Experience:

Founder & General Contractor | SENERGY360 | Beaumont, CA | 2003 - Present

- Pioneered the integration of Building Biology principles into mass wall construction, emphasizing sustainability, health, and durability.
- Specializes in creating environments that mimic natural settings indoors, utilizing advanced technologies in lighting, air quality, and water filtration.
- Designs homes to offer superior insulation, mold resistance, and protection against electrosmog and noise pollution, ensuring structures are built to last generations.

- Recognized as an elite top 1% All-World Athlete, leveraging personal insights into health and athletic performance to enhance building performance.

Elite Level Triathlete | Bulletproof Coach | 2013 - Current

- Certified as a Bulletproof Performance, Health, and Nutrition Coach
- Certified Neurofeedback Practitioner
- Certified Breath Coach
- Category One Mountain Bike Racing (State National Championship)
- Category Three Road Bike Racing
- Xterra Off-road Triathlon Multinational (National Championship)
- Ironman 70.3 (Sub 5 Timed Events)
- Competed in multiple World Championships both Ironman and Xterra Off-road Triathlons.

Journeyman Equipment Operator | Certified Lumber Grader | Universal Forest Products | Woodburn, OR | 1993 - 2002

- Trained sawmill equipment operator specializing in band saws, precision end trim saws, moulders, and planers, working into a journeyman position as a lead planer mill operator and saw equipment specialist.
- Trained and certified through West Coast Lumber Bureau, becoming a certified lumber grader for dimensional framing lumber.
- Identified critical issues related to mold growth in lumber during transportation and storage, fostering a deep interest in healthier construction materials and techniques.

Education & Certifications:

- Triple Certification, Building Biology Institute:
- Environmental Consultant (BBEC)
- Electromagnetic Radiation Specialist (EMRS)
- New Construction (BBNC)
- Certified Lumber Grader | West Coast Lumber Bureau
- Arizona and California General Contractors License
 - Accredited by Arizona and California state agencies

Home Builder and Environmental Specialist Skills:

- Expertise in Mass Wall Construction
- Building Biology and Sustainability Practices
- Environmental Health and Safety Assessments
- Advanced Technology Integration for Natural Indoor Environments
- Project Management and Client Consultation

Professional Affiliations:

- Building Biology Institute

Accomplishments:

- Led numerous successful projects focusing on health and sustainability, significantly improving indoor living conditions for clients.
- Maintained a lifelong commitment to athletic performance and wellness, recognized as an All-World Athlete.

Portfolio/Case Studies:

I am currently building homes that promote health. As a visionary in the industry, I am redefining the building industry using methods like mass wall construction, structures designed to last for generations. My commitment to sustainability and human health sets my methods apart in the world of construction. I continue to innovate using building materials and practices that prioritize performance, health, and wellness in building design. I am committed to seeing Holistic Homes become the new standard in building the future.



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Brian Johnson SENERGY360, LLC. General Contractor/Developer - ROC 341823 Building Biologist
Consultant - BBEC, EMRS, BBNC 951-634-3588 IG: @senergy360 Web: senergy360.com